

## **ABSTRACT**

### **PROFILE OF PRESCRIBING HEART DISEASE DRUGS IN OUTPATIENT WIYUNG SEJAHTERA SURABAYA HOSPITAL**

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Cardiovascular disease is a disease caused by impaired heart and blood vessel function such as coronary heart disease, heart failure, hypertension and stroke. The purpose of this study was to determine the name of the drug, the dosage of the drug, the rules of use along with the drug class and the diagnosis of patients at Wiyung Sejahtera Hospital Surabaya.

This research was conducted using a retrospective method and is an observational descriptive study, namely the observation of prescription data for heart disease patients on an outpatient basis. The sampling method in this study used non-probability sampling with purposive sampling technique, namely sampling from the population not randomly but based on certain considerations.

The results showed that the number of heart disease rates was the highest in men (53.4%) with the elderly category having an age range of 45-65 years (65.3%), for the most widely used drug group, namely the diuretic drug group contained in one of the most heart disease prescription sheets, namely 5 drug items, namely a combination of Candesartan + Furosemide + Spironolakton + Nospirinal + Nitrocaf with a diagnosis of hypersensitive heart diseases (HDD). That there is a need for preventive control measures to the community through counseling and also conducting early detection to avoid heart disease, for people with heart disease can also further improve a healthy lifestyle. And it is hoped that there will be further research on the evaluation category of cardiac drug selection so that researchers can directly observe the patient's condition with the most prospective method that is easiest to do in hospitalization.

*Keywords* : Prescribing Profile, Heart Disease Medication, Wiyung Hospital