

**ABSTRACT**

**HYPERTENSION MEDICATION PRESCRIBING PROFILE  
OF CARDIAC POLYCLINIC AT ADI HUSADA KAPASARI  
SURABAYA HOSPITAL**

**Rodhia Nur Indah Fajarin**

Hypertension is widely known as a cardiovascular disease. Data from the World Health Organization (WHO) in 2015 shows that around 1.13 billion people in the world have hypertension, the number of people with hypertension continues to increase every year. The prevalence of hypertension based on measurement results in residents  $\geq 15$  years according to the City of Surabaya is 84.2%. The aim of this research is to determine the Prescribing Profile of Hypertension Drugs at the Cardiac Polyclinic at Adi Husada Kapasari Hospital, Surabaya in March 2024.

This research design uses descriptive research with a retrospective approach. Data collection starts from medical records on hypertension medication in March 2024. Based on the description of the research results at Adi Husada Kapasari Hospital, Surabaya, it can be concluded that 67 patients (67%) are more likely to suffer from hypertension and women use hypertension medication according to the prescription. taken in March 2024 at Adi Husada Kapasari Hospital, Surabaya.

Based on the classification of hypertension, there were aged  $< 60$  years with blood pressure  $\geq 140/90$  mmHg. Age  $\geq 60$  years with blood pressure  $\geq 150/90$  mmHg with blood pressure. There were patients with hypertension + comorbidities with blood pressure  $\geq 140/90$  mmHg. The rules of use that are widely used for hypertension patients.

**Keywords :** Hypertension drug prescribing profile, hypertension