ABSTRACT

COMPARISON OF VITAMIN C LEVELS IN KOMBUCHA OF ROSELLA (Hibiscus sabdariffa L.) DURING THE STORAGE PERIOD

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Rosella (Hibiscus sabdariffa L.) was one of the plant that could be used in manufacture health drinks such as kombucha. Rosella (Hibiscus sabdariffa L.) contain various compounds, one of them was vitamin C. The levels of vitamin C produced in kombucha Rosella (Hibiscus sabdariffa L.) depend on the fermentation process during the storag period. This research aims to determine the effect of the storage period on vitamin C levels of kombucha Rosella (Hibiscus sabdariffa L.) using the UV-Vis spectrophotometry method. The results of the research showed that level of vitamin C on the 7th-day of fermentation was 69.94%, on the 9thday of the storage period was 76.81% and on the 11th-day of the storage period was 68.36%. An increase in vitamin C levels occurred on the 11th-day with a percentage of 12.35%. The results showed that variations in the storage period affected vitamin C levels in kombucha Rosella (Hibiscus sabdariffa L.).

Keywords : vitamin C, Rosella, storage, UV-Vis spectrophotometry.