

ABSTRACT

PROFILE OF SUPPLEMENT PRESCRIBING FOR PREGNANT WOMEN AT THE PEGIRIAN HEALTH CENTER CITY OF SURABAYA

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Pregnancy is a time of transition between the life before having the child now in the womb and the later life after that child is born. Pregnancy is a physiological process that needs to be prepared by women in order to go through pregnancy safely. During pregnancy, mother and fetus are a unit of pregnancy function that cannot be separated. Therefore, the health of pregnant women is important so that the function of pregnancy can take place optimally. Pregnant women need supplement therapy to treat health problems. However, the safety of supplements needs to be considered because most of the supplements can cross the placenta. This study aims to determine the prescribing pattern of pregnant women which includes the type of supplement, the strength of the supplement, and the rules for using the supplement based on the gestational age and co-morbidities of the pregnant woman. This research is a descriptive research, which uses retrospective data. The results of research on the use of supplements in pregnant women are 5 types of supplements which can be grouped including the 3 largest percentages, namely the distribution of supplement prescriptions based on type, strength and rules for using the supplements, distribution of prescriptions based on gestational age, and distribution of prescriptions based on co-morbidities of pregnant women. Further research can be carried out regarding the evaluation of the use of supplements at the Pegirian Health Center in Surabaya.

Keywords: Profile, prescribing, pregnant woman