

## ABSTRACT

### DESCRIPTION OF THE USE OF DIGESTIVE TRACT DISORDERS WITHOUT A PRESCRIPTION BEFORE AND DURING RAMADAN FASTING AT KIMIA FARMA IBNU SINA GRESIK PHARMACY

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*Indigestion is a problem in the organs of the digestive system such as gastritis, diarrhea and constipation. Treatment for gastritis is antacids, proton pump inhibitors and histamine 2-antagonist receptors. Diarrhea relief by giving ORS fluids. constipation using laxatives. The aim of the research is to facilitate the procurement of drugs in the next Ramadan fasting. The research method is observational with a quantitative descriptive approach and using prospective observations with the period before and during the fasting month of Ramadan. The study found 75 patients. 37 patients (49.33%) male and 38 patients (50.67%) female. Based on the age of 21-30 years, there were 28 patients (37.33%). The results of this study found that the drugs before and during the fasting month containing Aluminum Hydroxide+Magnesium Hydroxide+Simethicone before fasting by (29,41%) and (32,71%) during the fasting month, over-the-counter drugs by (76%), pharmacological groups of antacid (38,67%), Lactobacillus (21,33%), Stimulant agent (6.67%). Gastritis medication in tablet dosage form (38,67%), diarrhea medicine in sachet dosage form (21,33%), laxative in tube dosage form (5,53%). To describe in more detail the use of gastrointestinal drugs with the aim of facilitating drug procurement, further research is needed in a longer period of time, namely before, during and after Ramadan fasting.*

**Keyword :** Digestive, Ramadan Fasting, Self-medication